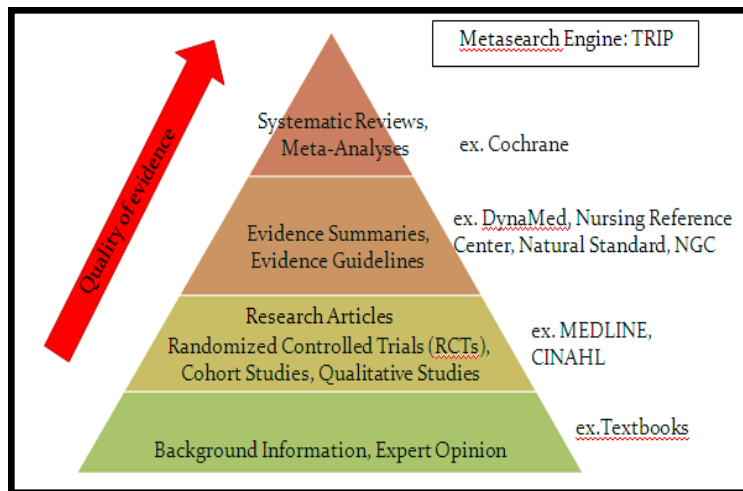


HEAL-WA: Continuing Educational Resources for Nurses
Top 10 Reasons for Using HEAL-WA: Your Website for Evidence-Based Answers
 2011 Washington State Council of Perioperative Nurses
 Janet G. Schnall, MS, AHIP
 HEAL-WA
 schnall@uw.edu

1. You want to practice evidence-based nursing.



Searching for Evidence Pyramid

2. Your colleagues are using HEAL-WA, but you don't know how to access it or what is on it.

- a. **HEAL-WA (Health Electronic Resource for Washington):** *heal-wa.org*
 Online access to evidence-based health information resources for Washington state nurses and other health professionals.

3. You want to search an eBook/textbook. Some examples on HEAL-WA:

- a. Davis's Comprehensive Handbook of Laboratory and Diagnostic Tests - with Nursing Implications – 4th Ed. (2011)
- b. Greenfield's Surgery Scientific Principles and Practice – 5th Ed. (2011)
- c. Laboratory Tests and Diagnostic Procedures with Nursing Diagnoses - 7th Ed. (2008)
- d. Medical-Surgical Nursing Care - 3rd Ed. (2011)
- e. Nursing Diagnosis Reference Manual, Sparks and Taylor's - 8th Ed. (2011)
- f. Pharmacology for Nurses: A Pathophysiologic Approach – 3rd Ed. (2011)
- g. Schwartz's Principles of Surgery, 9th Ed. (2010)

4. You want to search a Database to find research articles, and then locate the full-text article in a journal.

- a. Databases
 - i. MEDLINE: Limit Publication Type to Randomized Controlled Trial or use Clinical Queries
 - ii. CINAHL (Cumulative Index to Nursing and Allied Health Literature): Limit to Research Article or Research under Publication Type

- b. Full-text journals: Journals A-Z on HEAL-WA
 - i. 5,000 full-text health-related journals on HEAL-WA
- 5. You want to locate Evidence Summaries and Clinical Practice Guidelines.**
- a. Search Evidence Summaries
 - i. DynaMed
 - ii. Nursing Reference Center
 - b. Search Clinical Practice Guidelines
 - i. National Guideline Clearinghouse *guideline.gov*
 - ii. Nursing Reference Center
 - iii. DynaMed
 - iv. MEDLINE: Limit to Practice Guideline under Publication Type
 - v. CINAHL: Limit to Practice Guidelines under Publication Type
 - vi. Association/Society guidelines
 - 1. Ex. AORN *aorn.org*
 - vii. Advanced Google or Google Scholar
google.com/advanced_search?hl=en or *scholar.google.com*
- 6. You want to use a Meta-Search engine to find evidence sites.**
- a. TRIP Database *tripdatabase.com*
- 7. You need to find a Systematic Review or a Meta-Analysis.**
- a. Cochrane Database of Systematic Reviews
 - b. MEDLINE: Use Subject Subset: Systematic Reviews or Meta-Analysis as a Publication Type
 - c. CINAHL : Use Publication Type: Systematic Review or Search for Meta Analysis as a Subject Heading
- 8. You need evidence-based Drug information.**
- a. AHFS Drug Information
 - b. Davis's Drug Guide for Nurses
 - c. Lexi-Comp Online
 - d. Natural Standard
- 9. You want Patient Education materials.**
- a. Patient Education Reference Center
 - b. MedlinePlus *medlineplus.gov*
- 10. You would like free CE!**
- a. Nursing Reference Center
 - i. Instructions *heal-wa.org.proxy.heal-wa.org/news/cne*

All e- resources listed on this handout are available through HEAL-WA at *heal-wa.org*, except those freely available websites that have the URLs included.