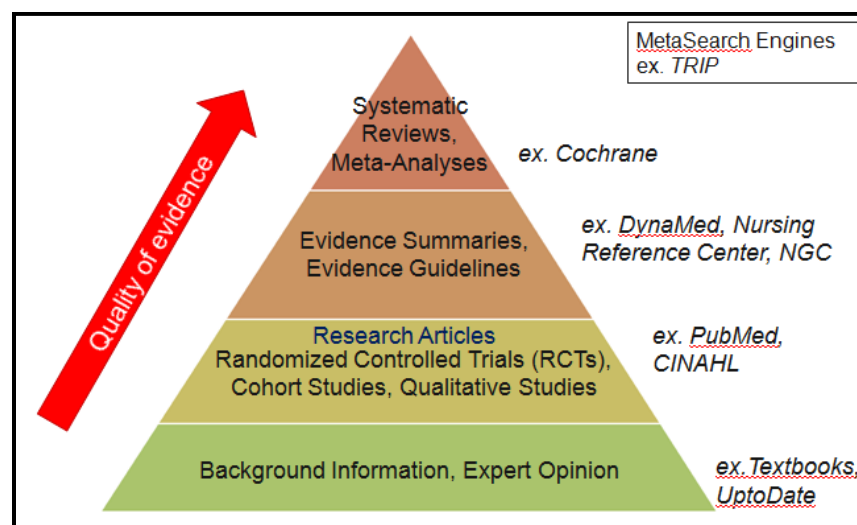


## *Evidence-Based Practice e-Resources to Improve Patient Care*

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<http://libguides.hsl.washington.edu/schnall>

### Searching for Evidence Pyramid



1. Use the new UW Health Sciences Library website: [hsl.wa.edu](http://hsl.wa.edu)
  - a. <http://hsl.wa.edu> replaces the HealthLinks Health Sciences Library website
  - b. All resources on this handout are located on the [hsl.wa.edu](http://hsl.wa.edu) website.
2. Search a Database to Find Research Journal Articles
  - a. PubMed
    - i. Limit Type of Article to Randomized Controlled Trial or Clinical Trial or use Clinical Queries section
  - b. CINAHL Plus
    - i. Limit to Research Article or Research under Publication Type
  - c. Find Full-Text eJournals
    - i. Use full-text links in PubMed and CINAHL Plus
    - ii. Check eJournals list on HSL website [hsl.wa.edu](http://hsl.wa.edu)
    - iii. Use the proxy to access eJournals from off-campus
  - d. Email Alerting Services
    - i. MyNCBI for PubMed [libguides.hsl.washington.edu/myncbi](http://libguides.hsl.washington.edu/myncbi)
    - ii. EBSCO Alerts for CINAHL and PsycInfo

3. **Search Clinical Practice Guidelines**
  - a. National Guideline Clearinghouse
  - b. Nursing Reference Center
  - c. PubMed
    - i. Limit to Practice Guideline under Type of Article
  - d. CINAHL Plus
    - i. Limit to Practice Guidelines under Publication Type
  - e. Association/Society guidelines
  
4. **Search Evidence Summaries**
  - a. DynaMed
  - b. UpToDate
  - c. Nursing Reference Center
  - d. Natural Standard
  
5. **Use a Meta-Search Engine**
  - a. TRIP Database *tripdatabase.com*
  
6. **Search for Systematic Reviews and Meta-Analyses Resources**
  - a. Cochrane Database of Systematic Reviews
  - b. PubMed
    - i. Use Clinical Queries – Systematic Reviews
    - ii. Select Meta-Analysis as a Type of Article
  - c. CINAHL Plus
    - i. Use Publication Type: Systematic Review
    - ii. Search for Meta Analysis as a Subject Heading
  
7. **Patient Education Resources**
  - a. MedlinePlus *medlineplus.gov*
  - b. EthnoMed *ethnomed.org*
  - c. Culture Clues *depts.washington.edu/pfes/CultureClues.htm*
  
8. **Mobile Resources** *libguides.hsl.washington.edu/mobile*

Handout and PowerPoint presentation found under Presentations at:  
<http://libguides.hsl.washington.edu/schnall>

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