



***Finding Evidence for Practice Through HEAL-WA.org:
A Benefit of your WA State License***

healthlinks.washington.edu/hsl/liaisons/schnall/advpract2010.doc

Janet G. Schnall, MS, AHIP
University of Washington Health Sciences Libraries
schnall@u.washington.edu
healthlinks.washington.edu/hsl/liaisons/schnall

1. Use HEAL-WA (Health Electronic Resource for Washington): *heal-wa.org*

- a. Online access to evidence-based health information resources for Washington state nurses and other health professionals.
- b. **H**: Nurses licensed in Washington State are able to use the resources below indicated with an **H** through the HEAL-WA website. Registration required.

2. Search a Database to Find Research Journal Articles

- a. MEDLINE **H** [or PubMed *pubmed.gov*]
 - i. Limit Publication Type to Randomized Controlled Trial or use Clinical Queries
 - ii. PubMed at the UW help page healthlinks.washington.edu/howto/pubmed
- b. CINAHL **H**
 - i. Limit to Research Article or Research under Publication Type
 - ii. Searching CINAHL Plus help page healthlinks.washington.edu/howto/cinahlplus/index.pdf
- c. Journals A-Z on HEAL-WA **H** *heal-wa.org*
 - i. 2,600 full-text health-related journals on HEAL-WA
- d. Free and Open Access Journal Sites
 - i. Biomed Central biomedcentral.com
 - ii. PubMed Central pubmedcentral.gov
 - iii. Free Medical Journals freemedicaljournals.com
 - iv. High Wire Press highwire.stanford.edu

3. Search Clinical Practice Guidelines

- a. National Guideline Clearinghouse **H** *guideline.gov*
- b. Nursing Reference Center **H**
- c. MEDLINE **H** [or PubMed *pubmed.gov*]
 - i. Limit to Practice Guideline under Publication Type
- d. CINAHL **H**
 - i. Limit to Practice Guidelines under Publication Type
- e. Advanced Google or Google Scholar
google.com or google.com/advanced_search?hl=en or scholar.google.com

4. Search Evidence Summaries

- a. DynaMed **H**
- b. Nursing Reference Center **H**
- c. Natural Standard **H**

5. Use a Meta-Search Engine

- a. TRIP Database **H** *tripdatabase.com*

6. Search for Systematic Reviews and Meta-Analyses Resources

- a. Cochrane Database of Systematic Reviews **H**
- b. MEDLINE **H** [or PubMed *pubmed.gov*]
 - i. Use Clinical Queries – Systematic Reviews or Meta-Analysis as a Publication Type
- c. CINAHL **H**
 - i. Use Publication Type: Systematic Review
 - ii. Search for Meta Analysis as a Subject Heading

7. Selected Additional Resources on HEAL-WA

- a. Drugs: AFHS Drug Information **H**; LactMed **H**; Lexi-Comp Online **H**
- b. Multicultural Information: EthnoMed **H**
- c. Patient Information: MedlinePlus; AAFP Conditions A to Z **H**
- d. Prevention: Red Book: Report of the Committee on Infectious Diseases (AAP)

8. Navigate the Web Beyond Basic Google to Find Evidence

- a. Google Scholar *scholar.google.com*
- b. Criteria for Evaluating Web Sites *healthlinks.washington.edu/howto/navigating/criteria.pdf*

H= Available through HEAL-WA to Washington State nurses and other professionals

- Handout: healthlinks.washington.edu/hsl/liaisons/schnall/advpract2010.doc
- PowerPoint presentation: healthlinks.washington.edu/hsl/liaisons/schnall/advpract2010.ppt

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