



## Evidence-Based Practice: Approaches to Save You Time and Get Results

[healthlinks.washington.edu/hsl/liaisons/schnall/ebpnov2007.doc](http://healthlinks.washington.edu/hsl/liaisons/schnall/ebpnov2007.doc)

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[schnall@u.washington.edu](mailto:schnall@u.washington.edu)  
[healthlinks.washington.edu/hsl/liaisons/schnall](http://healthlinks.washington.edu/hsl/liaisons/schnall)

### 1. Search a Database to Find Research Journal Articles

- a. PubMed [pubmed.gov](http://pubmed.gov)
  - i. PubMed at the UW help page [healthlinks.washington.edu/howto/pubmed](http://healthlinks.washington.edu/howto/pubmed)
- b. CINAHL or CINAHL Plus [cinahl.com](http://cinahl.com) (\$)
  - i. Searching CINAHL: Nursing and Allied Health Literature  
[healthlinks.washington.edu/howto/cinahl](http://healthlinks.washington.edu/howto/cinahl)
  - ii. Searching CINAHL Plus [healthlinks.washington.edu/howto/cinahlplus/index.pdf](http://healthlinks.washington.edu/howto/cinahlplus/index.pdf)
- c. NLM Gateway [gateway.nlm.nih.gov/gw/Cmd](http://gateway.nlm.nih.gov/gw/Cmd)
- d. Free and Open Access e-journal websites
  - i. Biomed Central [biomedcentral.com](http://biomedcentral.com)
  - ii. Free Medical Journals [freemedicaljournals.com](http://freemedicaljournals.com)
  - iii. Highwire Press [highwire.stanford.edu](http://highwire.stanford.edu)
  - iv. PubMed Central [pubmedcentral.gov](http://pubmedcentral.gov)
- e. Order Articles Online for a Fee
  - i. UW Document Services [healthlinks.washington.edu/hsl/docservices/illiad.htm](http://healthlinks.washington.edu/hsl/docservices/illiad.htm)
  - ii. Loansome Doc [healthlinks.washington.edu/hsl/docservices/lds-na.html](http://healthlinks.washington.edu/hsl/docservices/lds-na.html)

### 2. Search Clinical Practice Guidelines

- a. National Guideline Clearinghouse [guideline.gov](http://guideline.gov)
- b. MD Consult (\$) [www.mdconsult.com](http://www.mdconsult.com)
- c. PubMed [pubmed.gov](http://pubmed.gov)
- d. CINAHL or CINAHL Plus (\$) [cinahl.com](http://cinahl.com)
- e. Google or Advanced Google or Google Scholar  
[google.com](http://google.com) or [google.com/advanced\\_search?hl=en](http://google.com/advanced_search?hl=en) or [scholar.google.com](http://scholar.google.com)

### 3. Search Structured Abstracts and Evidence Summaries

- a. Clinical Evidence (\$) [clinicalevidence.bmj.com](http://clinicalevidence.bmj.com)
- b. FPIN Clinical Inquiries (\$)
- c. Evidence Based Nursing (\$) [www.evidencebasednursing.com](http://www.evidencebasednursing.com)
- d. ACP Journal Club [www.acpjc.org](http://www.acpjc.org)
- e. Bandolier [www.ebandolier.com](http://www.ebandolier.com)

### 4. Search Point of Care Evidence-Based Practice Resources (have some level of evidence-based information) (all \$)

- a. ACP Pier [pier.acponline.org](http://pier.acponline.org)
- b. DiseaseDex [www.micromedex.com/products/diseasedexgeneral](http://www.micromedex.com/products/diseasedexgeneral)

- c. DynaMed [www.ebscobot.com/dynamed](http://www.ebscobot.com/dynamed)
- d. Evidence Matters [evidencematters.com](http://evidencematters.com)
- e. FIRST Consult [firstconsult.com](http://firstconsult.com)
- f. InfoPOEMS [infopoems.com](http://infopoems.com)
- g. Nursing Consult [nursingconsult.com](http://nursingconsult.com)
- h. PEPID [pepid.com](http://pepid.com)
- i. UptoDate [uptodate.com](http://uptodate.com)

## 5. Use a MetaSearch Engine

- a. TRIP Database [tripdatabase.com](http://tripdatabase.com)
- b. Prime Evidence [primeanswers.org/primeanswers/search/evidence](http://primeanswers.org/primeanswers/search/evidence)
- c. SUMSearch [sumsearch.uthscsa.edu](http://sumsearch.uthscsa.edu)

## 6. Search for Systematic Reviews and Meta-Analyses

- a. Cochrane Library (\$) [www.cochrane.org](http://www.cochrane.org)
- b. PubMed Clinical Queries/Systematic Reviews  
[www.ncbi.nlm.nih.gov/entrez/query/static/clinical.shtml](http://www.ncbi.nlm.nih.gov/entrez/query/static/clinical.shtml)
- c. CINAHL or CINAHL Plus (\$) [cinahl.com](http://cinahl.com)  
Use Publication Type: Systematic Review

## 7. Keep Current With Alerting Services (Email and RSS)

- a. My NCBI for PubMed [pubmed.gov](http://pubmed.gov)
  - i. PubMed: My NCBI help page [healthlinks.washington.edu/howto/myncbi.html](http://healthlinks.washington.edu/howto/myncbi.html)
- b. Email Alert Services [healthlinks.washington.edu/howto/alerts.html](http://healthlinks.washington.edu/howto/alerts.html)

## 8. Search for Evidence in Drug and Natural Medicine Resources

- a. Micromedex (\$) [www.micromedex.com](http://www.micromedex.com)
- b. Natural Medicines Comprehensive Database (\$) [www.naturaldatabase.com](http://www.naturaldatabase.com)
- c. Natural Standard in MedlinePlus Drug and Herbal Information  
[www.nlm.nih.gov/medlineplus/druginformation.html](http://www.nlm.nih.gov/medlineplus/druginformation.html)

## 9. Additional EBP Information

- a. HealthLinks Evidence-Based Practice [healthlinks.washington.edu/ebp](http://healthlinks.washington.edu/ebp)
- b. Evidence-Based Practice Tools Summary [healthlinks.washington.edu/ebp](http://healthlinks.washington.edu/ebp)
- c. Criteria for Evaluating Web Sites [healthlinks.washington.edu/howto/navigating/criteria.pdf](http://healthlinks.washington.edu/howto/navigating/criteria.pdf)

## 10. Contact your Ultimate Search Engine...a librarian!

**\$= Available by subscription or fee**

- Handout: [healthlinks.washington.edu/hsl/liaisons/schnall/ebpnov2007.html](http://healthlinks.washington.edu/hsl/liaisons/schnall/ebpnov2007.html)
- PowerPoint presentation: [healthlinks.washington.edu/hsl/liaisons/schnall/ebpnov2007.ppt](http://healthlinks.washington.edu/hsl/liaisons/schnall/ebpnov2007.ppt)

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