



## Beyond an Apple a Day: Steps for Finding Health Information on the Web *[healthlinks.washington.edu/bsl/liaisons/schnall/inforumbandout.doc](http://healthlinks.washington.edu/bsl/liaisons/schnall/inforumbandout.doc)*

Janet G. Schnall, MS, AHIP  
[schnall@u.washington.edu](mailto:schnall@u.washington.edu)  
*[healthlinks.washington.edu/bsl/liaisons/schnall](http://healthlinks.washington.edu/bsl/liaisons/schnall)*

**Step 1: Start with MedlinePlus, the best consumer source for medical information.**

*[medlineplus.gov](http://medlineplus.gov)*

**Step 2: Try other top rated consumer health websites.**

### 1. Medical Library Association Top 10 Most Useful Consumer Health Websites

*[mlanet.org/resources/medspeak/topten.html](http://mlanet.org/resources/medspeak/topten.html)*

- a. Cancer.gov *[www.cancer.gov](http://www.cancer.gov)*
- b. Centers for Disease Control and Prevention (CDC) *[www.cdc.gov](http://www.cdc.gov)*
- c. familydoctor.org *[www.familydoctor.org](http://www.familydoctor.org)*
- d. healthfinder® *[healthfinder.gov](http://healthfinder.gov)*
- e. HIV InSite *[hivinsite.ucsf.edu](http://hivinsite.ucsf.edu)*
- f. Kidshealth® *[www.kidshealth.org](http://www.kidshealth.org)*
- g. Mayo Clinic *[www.mayoclinic.com](http://www.mayoclinic.com)*
- h. MEDEM: an information partnership of medical societies *[www.medem.com](http://www.medem.com)*
- i. MedlinePlus (English | Spanish) *[medlineplus.gov](http://medlineplus.gov)*
- j. NOAH: New York Online Access to Health *[www.noah-health.org](http://www.noah-health.org)*

### 2. Additional good websites

- a. HealthInfoquest: Pathfinders to Common Consumer Health Questions  
*[www.nlm.gov/healthinfoquest](http://www.nlm.gov/healthinfoquest)*
- b. National Library of Medicine's DIRLINE *[dirline.nlm.nih.gov](http://dirline.nlm.nih.gov)*
- c. Tox Town for Environmental health information *[toxtown.nlm.nih.gov](http://toxtown.nlm.nih.gov)*
- d. Lab Tests Online *[www.labtestsonline.org](http://www.labtestsonline.org)*
- e. Merck Manual of Medical Information *[www.merckhomeedition.com](http://www.merckhomeedition.com)*

### 3. Drug information for consumers

- a. MedlinePlus Drug and Herbal Information  
*[www.nlm.nih.gov/medlineplus/druginformation.html](http://www.nlm.nih.gov/medlineplus/druginformation.html)*
- b. Drugs.com *[www.drugs.com](http://www.drugs.com)*
- c. PillBot.com *[www.pillbot.com](http://www.pillbot.com)*
- d. RxList *[www.rxlist.com](http://www.rxlist.com)*

**Step 3: Use the resources on HealthLinks Care Provider Toolkit.**

*healthlinks.washington.edu/care\_provider*

**1. E-texts:**

- a. UpToDate
- b. HealthLinks Textbooks page  
*healthlinks.washington.edu/textbooks*

**2. Drugs and Natural Medicines**

- a. Micromedex
- b. Natural Medicines
- c. Natural Standard Online

**Step 4: Search PubMed via HealthLinks to find more technical journal articles.**

1. PubMed at the UW *healthlinks.washington.edu/howto/pubmed*

**Step 5: Evaluating Health Information on the Web**

1. Criteria for Evaluating Websites  
*healthlinks.washington.edu/howto/navigating/criteria.pdf*
2. MedlinePlus Guide to Healthy Web Surfing  
*www.nlm.nih.gov/medlineplus/healthywebsurfing.html*
3. MedlinePlus Evaluating Health Information  
*www.nlm.nih.gov/medlineplus/evaluatinghealthinformation.html*
4. A User's Guide to Finding and Evaluating Health Information on the Web  
*www.mlanet.org/resources/userguide.html*

The resources mentioned in this presentation may be found

- On the HealthLinks Care Provider Toolkit: [http://healthlinks.washington.edu/care\\_provider](http://healthlinks.washington.edu/care_provider)
- By using the HealthLinks search engine on any HealthLinks page
- By reviewing the links cited in today's PowerPoint presentation:  
<http://healthlinks.washington.edu/hsl/liaisons/schnall/inforum.ppt>

InForum  
February 16, 2006

## Care Provider Toolkit

### SEARCH FOR ARTICLES

- Search PubMed MEDLINE

limited to English, last 5 years

- CINAHL: Nursing & Allied Health   
Cumulative Index to Nursing and Allied Health Literature

### FIND JOURNALS AND DATABASES

- Find an eJournal on HealthLinks
- Primary Care eJournals
- Order copies of articles or books
- More databases ...
- BMJ (International Edition) 1994-
- New England Journal of Medicine 1993-

### FIND THE EVIDENCE

- Search for evidence in PrimeAnswers
- Search PubMed MEDLINE Systematic Reviews
- TRIP+
- Cochrane Library
- Clinical Evidence
- National Guideline Clearinghouse
- Evidence-Based Practice

### PREVENTION

- CDC Travelers' Health
- IMMUNIZATIONS
- Adult Recommended Immunization Schedule
  - Child/Adolescent Recommended Immunization Schedule
  - HealthLinks: Immunizations

### DIAGNOSIS AND THERAPY

- Search UpToDate
- Search MD Consult Books
- Search ClinicalResource@Ovid
- Search STAT!Ref Medical Reference Library

Notifiable Communicable Diseases and Related Conditions

- Current Medical Diagnosis & Treatment
- Dermatology Atlas Online
- GeneTests GeneClinics
- Harrison's Principles of Internal Medicine
- UW Medicine Online Laboratory Test Guide
- Lippincott Nursing Texts
- Manual of Laboratory and Diagnostic Tests
- Stedman's Medical Dictionary
- Trauma Pearls and Protocols Requires UWNetID
- ACP Medicine (was called WebMD Scientific American Medicine)

### CLINICAL TOOLS AND CALCULATORS

- Calculators available via HealthLinks
- Ingenix ICD-9-CM Vols. 1 & 3, and CPT with RVUs Data File (STAT!Ref)
- MedCalc 3000 (STAT!Ref)
- PrimeAnswers: Prediction Rules & Calculators

### PDA INFORMATION

- PDA Resources
- PrimeAnswers: pda downloads

### DRUGS

- Search Micromedex
- Search Natural Medicines
- Natural Standard Online
- Lippincott's Nursing Drug Guide
- UW Medicine Drug Formulary
- UW-SOM 2004 Antibigram [excel]
- UW-SOM 2004 Antibigram [pdf]

### PATIENT EDUCATION

- Search MD Consult Patient Handouts
- Search MEDLINEplus
- McKesson Advisor Patient Education Handouts
- Micromedex: Patient Leaflets
- Family Doctor.org
- Medem's Medical Library

### UW PATIENT EDUCATION

- EthnoMed
- Culture Clues
- UWMC Health On-Line No Proxy Access
- HMC Patient/Family Education Manual Requires UWNetID  
Requires ANIC/IRIS account to log on.

### CONNECTING WITH THE LIBRARY

- Contact your library liaison
- Connecting to UW Restricted Online Resources

### ADDITIONAL ASSISTANCE

- UW Medicine IT Services
- Computing and Networking

[http://healthlinks.washington.edu/care\\_provider](http://healthlinks.washington.edu/care_provider)