

Click, Click, Click on HEAL-WA: Finding Evidence on the Web to Improve Patient Care
healthlinks.washington.edu/hsl/liaisons/schnall/rehabnurs2010.doc

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1. **Use HEAL-WA (Health Electronic Resource for Washington): *heal-wa.org***
 - a. Online access to evidence-based health information resources for WA state nurses and other health professionals.
 - b. **H:** Nurses licensed in Washington State are able to use the resources below indicated with an **H** through the HEAL-WA website.

2. **Search a Database to Find Research Journal Articles**
 - a. MEDLINE **H** or PubMed *pubmed.gov*
 - i. Limit Publication Type to Randomized Controlled Trial or use Clinical Queries
 - ii. PubMed at the UW help page *healthlinks.washington.edu/howto/pubmed*
 - b. CINAHL **H** *cinahl.com*
 - i. Limit to Research Article or Research under Publication Type
 - ii. Searching CINAHL Plus help page *healthlinks.washington.edu/howto/cinahlplus/index.pdf*
 - c. Journals A-Z on HEAL-WA **H** *heal-wa.org*
 - i. 2,600 full-text health-related journals on HEAL-WA
 - d. Free and Open Access Journal Sites
 - i. Biomed Central *biomedcentral.org*
 - ii. PubMed Central *pubmedcentral.gov*
 - d. Email Alerts
 - i. EBSCO Alerts for MEDLINE and CINAHL **H**
 - ii. My NCBI for PubMed *pubmed.gov*
PubMed: My NCBI help page *healthlinks.washington.edu/howto/myncbi.html*

3. **Search Clinical Practice Guidelines**
 - a. National Guideline Clearinghouse *guideline.gov*
 - b. Nursing Reference Center **H** *ebscobost.com*
 - c. MEDLINE **H** or PubMed *pubmed.gov*
 - i. Limit to Practice Guideline under Publication Type
 - d. CINAHL **H** *cinahl.com*
 - i. Limit to Practice Guidelines under Publication Type
 - e. Advanced Google or Google Scholar
google.com or *google.com/advanced_search?hl=en* or *scholar.google.com*

4. **Search Evidence Summaries**
 - a. DynaMed **H** *www.ebscobost.com/dynamed*
 - b. Nursing Reference Center **H** *ebscobost.com*
 - c. UpToDate *uptodate.com*

5. Use a Meta-Search Engine

- a. TRIP Database tripdatabase.com

6. Search for Systematic Reviews and Meta-Analyses Resources

- a. Cochrane Database of Systematic Reviews **H** cochrane.org
- b. MEDLINE **H** or PubMed pubmed.gov
 - i. Use Clinical Queries- Systematic Reviews or Meta-Analysis as a Publication Type
- c. CINAHL **H** cinahl.com
 - i. Use Publication Type: Systematic Review
 - ii. Search for Meta Analysis as a Subject Heading

7. Search for Evidence in Drug and Natural Medicine Resources

- a. AHFS Drug Information **H** ahfsdruginformation.com
- b. Davis's Drug Guide for Nurses **H**
- c. Natural Standard **H** naturalstandard.com
- d. MedlinePlus medlineplus.gov

8. Navigate the Web Beyond Basic Google to Find Evidence

- a. Google Scholar scholar.google.com
- b. Criteria for Evaluating Web Sites healthlinks.washington.edu/howto/navigating/criteria.pdf
- c. A User's Guide to Finding and Evaluating Health Information on the Web
www.mlanet.org/resources/userguide.html

9. Contact your Ultimate Search Engine...a librarian!

H= Available through HEAL-WA to Washington State nurses and other professionals

- Handout: healthlinks.washington.edu/hsl/liaisons/schnall/rehabnurs2010.doc
- PowerPoint presentation: healthlinks.washington.edu/hsl/liaisons/schnall/rehabnurs2010.ppt

Conference: The Evidence Base for Rehabilitation Nursing Practice
Puget Sound Chapter, Association of Rehabilitation Nurses
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